



# FUN FEET SOCCER CAMP SCHEDULE



TIME	SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY		
	4's & 5's	1st - 3rd	4th - 6th	4's & 5's	1st - 3rd	4th - 6th	4's & 5's	1st - 3rd	4th - 6th	4's & 5's	1st - 3rd	4th - 6th	4's & 5's	1st - 3rd	4th - 6th
6:00 PM	Introduction Warm UP - Stretch	Introduction Warm UP - Stretch	Introduction Warm UP - Stretch	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review	Warm Up - Stretch - Review
6:10 PM	BALL SKILLS Dribbling, stopping, turning, toe touches	BALL SKILLS Dribbling and types of turns	BALL CONTROL	PASSING How To	PASSING Technique and Triangle passing	PASSING	SHOOTING Technique	SHOOTING 1) Technique with partner 2) Shooting through cones to partner	SHOOTING	TRAPPING	TRAPPING Trap the ball out of the air with a partner	TRAPPING	DEFENSE	THROW INS Practice throw ins and trapping	THROW INS
6:20 PM			Ball Control Drill 1			Passing Drill 1			Shooting Drill 1			Trapping Drill 1			Throw Ins
6:30 PM			Ball Control Drill 2			Passing Drill 2			Shooting Drill 2			Trapping Drill 2			
6:40 PM	BREAK	DRILLS 1) Dribbling Tag 2) Knockout	PASSING	BREAK	GAMES Red Light Green Light	POSITIONING Positioning Drill	BREAK	SHOOTING Shoot on a goalkeeper	DRILLS & GAMES: Finishing & Shooting	BREAK	GAMES Hit the coach	DEFENDING	BREAK	GAMES Sharks and Minnows	DRILLS & GAMES: World Cup
6:50 PM	DRILLS Anatomy Dribbling	BREAK	Passing Drill 1	GAME Earthquake	BREAK	BREAK	GAME Keep your yard clean	BREAK	BREAK	GAMES Red Light Green Light	BREAK	DRILLS & GAMES: Defending	BREAK	GAME 1v1 Battles	BREAK
7:00 PM		DRILLS 1) 1v1 Shielding 2) 1v1 to end lines	BREAK	BREAK	GAMES The Blob	BREAK	GAME Call numbers small sided game of 1v1's and 2v2's	BREAK	BREAK	SCRIMMAGE World Cup	BREAK	BREAK	SCRIMMAGE World Cup	BREAK	BREAK
7:10 PM		BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
7:20 PM	GAME Dribbling Relay	SCRIMMAGE Small Sided with pop up goals	SCRIMMAGE or GAME	SCRIMMAGE Numbers	SCRIMMAGE Small sided with 2 goals on each side	SCRIMMAGE or GAME	SCRIMMAGE 2v2	SCRIMMAGE Small Sided with pop up goals	SCRIMMAGE or GAME	SCRIMMAGE 3v3	SCRIMMAGE Small sided with 2 goals on each side	SCRIMMAGE or GAME	SCRIMMAGE 4v4	SCRIMMAGE Small Sided with pop up goals	SCRIMMAGE or GAME
7:30 PM			SCRIMMAGE or GAME			SCRIMMAGE or GAME			SCRIMMAGE or GAME			SCRIMMAGE or GAME			SCRIMMAGE or GAME
7:40 PM	LARGE GROUP														
7:50 PM	DISMISSAL														
8:00 PM	DISMISSAL														

COACHES:    4's & 5's            1st - 3rd            4th - 6th  
Tori Anderstrom   Abe Voyen            Ryan Strange  
Dave Ellering        Timothy Allen        Jake Kohagen

